

**Life to the Full Plus Overview**

Stage	<b>Module 1 Created and Loved by God</b>				<b>Module 2 Created to Love Others</b>				<b>Module 3 Created to Live in Community</b>	
Topic	<b>Unit 1</b> Religious Understanding	<b>Unit 2</b> Me, My Body, My Health	<b>Unit 3</b> Emotional Well-Being	<b>Unit 4</b> Life Cycles	<b>Unit 1</b> Religious Understanding	<b>Unit 2</b> Personal Relationships	<b>Unit 3</b> Life Online	<b>Unit 4</b> Keeping Safe	<b>Unit 1</b> Religious Understanding	<b>Unit 2</b> Living in the Wider World
EYFS	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity
	<b>Story Sessions</b> Hand made with Love	<b>Session 1</b> I am me	<b>Session 1</b> I like, You like, We all like!	<b>Session 1</b> Growing Up	<b>Session 1</b> Role Model	<b>Session 1</b> Who's Who?	<b>Session 1</b> What is the Internet?	<b>Session 1</b> Safer Inside and Out	<b>Session 1</b> God is Love	<b>Session 1</b> Me, You, Us
		<b>Session 2</b> Heads, Shoulders, Knees and Toes	<b>Session 2</b> All the Feelings!	<b>Session 2</b> New People, New Places Classroom Shorts		<b>Session 2</b> You've got a friend in me	<b>Session 2</b> Playing Online	<b>Session 2</b> My Body, My Rules	<b>Session 2</b> Loving God, Loving Others	<b>Session 2</b> When I grow up Classroom shorts
		<b>Session 3</b> Ready Teddy?	<b>Session 3</b> Let's Get Real			<b>Session 3</b> Friends Forever		<b>Session 3</b> Feeling Poorly		<b>Session 3</b> 'Money Doesn't Grow on Trees.' Classroom Shorts
								<b>Session 4</b> People Who Help Us		

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KS1	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity
Yr 1	Story Sessions Let the Children Come	Session 1 I am unique	Session 1 Feelings, Likes and Dislikes	Session 1 The Cycle of Life	Session 1 God Loves You	Session 1 Special People	Session 1 Real Life Online	Session 1 Good and Bad Secrets	Session 1 Three in One	Session 1 The Communities we Live In
Yr 2		Session 2 Girls and Boys	Session 2 Feeling Inside Out	Session 2 Beginnings and Endings		Session 2 Treat Others Well....	Session 2 Rules to Help Us	Session 2 Physical Contact	Session 2 Who is My Neighbour?	Session 2 Who Will I Be?
		Session 3 Clean and Healthy (My Body)	Session 3 Super Susie Gets Angry	Session 3 Change is All Around		Session 3 ....and Say Sorry		Session 3 Harmful Substances		Classroom Shorts
				Classroom shorts				Session 4 Can you Help Me? (Part one)		Session 3 Needs and Wants
								Session 5 Can you Help Me? (Part two)		Classroom shorts

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LKS2	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity
Yr 3	Story Sessions Get Up!	Session 1 We Don't Have to Be the Same	Session 1 What Am I Feeling?	Session 1 Life Cycles	Story Sessions Jesus, My Friend	Session 1 Family, Friends and Others	Session 1 Sharing Online	Session 1 Safe in My Body Classroom Shorts	Session 1 A Community of Love	Session 1 How Do I Love Others ?
Yr 4	Session 2 The Sacraments	Session 2 Respecting Our Bodies	Session 2 What Am I Looking At?	Session 2 A Time for Everything		Session 2 When Things Feel Bad	Session 2 Chatting Online	Session 2 Drugs, Alcohol and Tobacco	Session 2 What is the Church?	Session 2 Working Together
		Session 3 What is Puberty?	Session 3 I am Thankful	Session 3 Big Changes, Little Changes			Classroom Shorts	Session 3 First Aid Heroes		Classroom Shorts
		Session 4 Changing Bodies		Classroom shorts				Session 4 Rights and Responsibilities		Session 3 Money Matters
				Session 3 Menstruation (this is in UKS2 on portal)				Classroom Shorts		Classroom shorts

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UKS2	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity	Unit Prayer and Assessment Activity
Yr 5	Story Sessions Calming the Storm	Session 1 Gifts and Talents	Session 1 Body Image		Session 1 God is Calling You	Session 1 Under Pressure	Session 1 Sharing Isn't Always Caring	Session 1 Types of Abuse  Classroom Shorts	Session 1 The Holy Trinity	Session 1 Reaching Out
Yr 6		Session 2 Girls' Bodies	Session 2 Peculiar Feelings	Session 4 Hope Beyond Death		Session 2 Do You Want a Piece of Cake?	Session 2 Cyber bullying	Session 2 Impacted Lifestyles Classroom Shorts	Session 2 Catholic Social Teaching	Session 2 The World of Work
		Session 3 Boys' Bodies	Session 3 Emotional Changes	Session 5 Coping with Change		Session 3 Self-Talk	Classroom Shorts	Session 3 Making Good Choices		Classroom Shorts
		Session 4 Spots and Sleep	Session 4 Seeing Stuff Online	Classroom shorts		Session 4 Building Others Up		Session 4 Giving Assistance		Session 3 Money and Me
						Classroom Shorts		Classroom Shorts		Classroom Shorts

We recognise that not all areas of the PSHE and RHE Curriculum are covered in full through The Life to the Full programme. These being:

- Economic Wellbeing: Bank of England Money and Me scheme.
- Citizenship and Democracy: School council, British values assemblies, school visits to Parliament.
- Online safety: Through Computing Purple Mash Scheme
- Some Mental Health Skills and Wellbeing: Wellbeing Scheme from Kapow, zones of regulation, well being sessions.
- Safety in the Wider Community: first aid basics, rail safety (switched on resources) and road safety.