

# St Vincent's Catholic Primary School



Newsletter  
8<sup>th</sup> October 2021

Saturday 10<sup>th</sup> October is Mental Health Day.

We know the mental Health and wellbeing of our children, members of staff and members of our community is incredibly important to us. Children's emotional wellbeing is just as important as their physical health. Good mental health helps them develop the resilience to cope with whatever life throws at them and grow into well-rounded, healthy adults.

One long lasting effect of the pandemic is its impact on Mental Health. This effect is being noted in adults as well as children and we want to raise awareness to ensure our children and loved ones feel confident to seek and find support, if they need it.

This year has been a struggle for most of us and teachers are juggling more than ever. The virus has also resulted in economic uncertainty for many families and this has negatively affected many people's mental health.

At St Vincent's we plan to celebrate and mark Mental Health Day on Friday 15<sup>th</sup> October. You may remember last year we celebrated the day through the charity 'Young Minds' and Hello Yellow. Unfortunately, at that time, celebrations were very different, as we had strict social distancing rules in school. Therefore, we hope this year we will be able to celebrate together in school, through assemblies and activities which we will complete in groups.

We are asking that children wear as many yellow items as they can. This will be a non-uniform day, to raise awareness, as well as fundraising. We will split funds between the 'Young Minds' charity and our own fund for the PTA. Please do not feel you have to purchase any items of clothing; the main purpose is to have fun and to think about Mental Health.

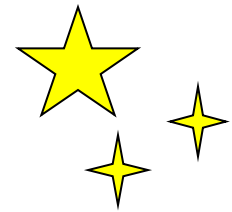
Mrs Gonzalez  
Headteacher

## Last Week's Attendance

27 <sup>th</sup> September – 1 <sup>st</sup> October	
Reception	92.3%
Year 1	95.7%
Year 2	96.7%
Year 3	94.7%
Year 4	98.8%
Year 5	96.5%
Year 6	97.7%
Whole school	96.1%

## Stars of the Week

Reception – Margot for using beautiful manners and showing respect to others.  
Year 1 – Sienna for amazing creative work.  
Year 2 – Neidas for being sensible and helpful every day.  
Year 3 – Amy for working hard in literacy and producing great work.  
Year 4 – Tom for a positive attitude towards learning and setting an excellent example.  
Year 5 – Myla for showing kindness to others and supporting their achievements.  
Year 6 – Olivia for excellent writing.



## Dates for your Diary

Mass Year 3	Wednesday 13 <sup>th</sup> October
Mental Health Day – Hello Yellow	Friday 15 <sup>th</sup> October
Half term break	Monday 18 <sup>th</sup> – Friday 29 <sup>th</sup> October
Fit4Future Half term camp	Monday 25 <sup>th</sup> – Friday 29 <sup>th</sup> October
Year 6 and Reception screening	Tuesday 9 <sup>th</sup> November
Library visit Year 5	Wednesday 10 <sup>th</sup> November
Library visit Year 4	Wednesday 17 <sup>th</sup> November
Library visit Year 3	Wednesday 24 <sup>th</sup> November
Nasal Flu Vaccinations	Wednesday 8 <sup>th</sup> December
Last day of term	Friday 17 <sup>th</sup> December

## Gospel Reflection

**Mark 10:17-30**

***The rich man asks Jesus what he must do to have eternal life. What does Jesus say?***

***Jesus reminds the man of the Ten Commandments, that he should not kill, should not steal or tell lies, and that he must respect his parents.***

***The man says that he has kept all of the commandments since he was young. And so Jesus gives him an extra challenge. What was it that Jesus asked the man to do?***

***Jesus asked the man to sell his nice things and to give all his money to people who are poor. Once he had done this, Jesus said that the man could follow him.***

***How would you feel if someone came along and said that you had to sell all your favourite toys, or that you had to give them away to someone who didn't have any?***

***But this is exactly what Jesus does ask of us. That if we have more than enough, we share what we have with others. That way all people in the world would be able to have the things that they need.***

***It is important to share things so that everyone has enough and so that the world is a fairer place for everyone to live.***

***Closing prayer: Generous God, we thank you for all the gifts that you have given us. Teach us to share these gifts with others, so all people may have enough. Amen.***

## Reminders

Please return your General Permissions form, if you have not already done so.

If your child has an appointment and will arrive late to school, please let us know his/her lunch choice in advance, as we need to give the kitchen the lunch numbers by 9.30am.

## Harvest Update



We would like to thank everyone who has already donated to our Harvest collection. As you can see, we are beginning to fill up the hay bales. There is still time to donate, if you wish. We will be taking all the gifts to our local foodbank at St Edward's Church, after the half term holiday. Thank you for your support and for helping others in need.

