

St Vincent's Catholic Primary School



Newsletter
18th September 2026

Dear Parents and Carers,

School meals have been a topic of discussion in the news recently, so I thought this would be a helpful opportunity to share some information about lunchtime and snacks at St Vincent's.

We are very fortunate that, as a London school, every child at St Vincent's is entitled to a free school meal. I am pleased to share our new school dinner menu with this newsletter. Please take some time to look through it with your child and talk together about the different meals available.

Our school meals are planned carefully, with a strong focus on providing children with healthy and nutritious choices. Each day, children can choose from three main options:

- A meat-based meal, such as Bolognese, curry or chicken pasta
- A vegetarian meal
- A jacket potato with a choice of toppings

Children are also offered a range of fruit and vegetables each day, together with a dessert. Milk and water are available to accompany their meal.

Please take some time to look at the menu with your child and talk to them about the options available. We still have a number of children who do not eat enough at lunchtime. I speak to the children regularly about the importance of eating a nutritious lunch so that they have the energy to learn, play and concentrate throughout the afternoon.

Naturally, there will be some meals that children enjoy more than others. However, it is important that they learn to try different foods and understand the value of having a balanced and varied diet. If your child regularly tells you that they are not eating at lunchtime, please speak to us so that we can work together to encourage them.

The same healthy principles should apply to packed lunches. If your child brings a packed lunch to school, please ensure that it provides a balanced and nutritious meal and includes some fruit or vegetables.

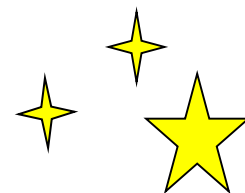
Playtime Snacks

Children in Key Stage 1 are provided with a piece of fruit or a vegetable each day, free of charge.

Children in Key Stage 2 may bring a snack from home for morning playtime. This should be a piece of fruit or a vegetable only. Please do not send crisps, crackers, cheese or other snack items. There is a wonderful variety of fruit and vegetables from which children can choose and we would be grateful for your support in helping them work towards eating their five portions a day.

Together, we can encourage our children to make healthy choices and enjoy a balanced and varied diet

Have a lovely weekend.
Mrs Gonzalez
Headteacher



Stars of the Week

Reception – Diego for your willingness to challenge yourself and step out of your comfort zone.

Year 1 – Anya for a great attitude to learning.

Year 2 – Lucia for always being super respectful and working super hard.

Year 3 – Kyrie for always being ready to learn, showing fantastic listening.

Year 4 – Bonnie for working really hard and active participation in lessons.

Year 5 – Amirah for showing compassion, genuine care and consideration for those around her.

Year 6 – Annie for making a special effort to improve her work.

School Value Awards

Reception – Azariah for reaching out to help a classmate in need, demonstrating true compassion.

Year 1 – Mohamed for being a resilient learner.

Year 2 – Taliana for working super hard and being a super compassionate friend.

Year 3 – Athena for going out of your way to ensure everyone feels valued and supported.

Year 4 – Paula for an outstanding sense of curiosity and wonder.

Year 5 – Orion for demonstrating a consistent high level of engagement across English, Maths and Science.

Year 6 – Jesse for making great improvements to his writing presentation.

This Week's Attendance

from 14 th to 18 th September 2026	
Reception	93.52
Year 1	96.71
Year 2	92.89
Year 3	98.15
Year 4	98.47
Year 5	95.83
Year 6	97.57
Whole school	96.26



Dates for your Diary

Parents and families are warmly invited to join us in celebrating Mass.

If you would like to accompany the school as we walk to Mass, please inform your child's teacher so they can coordinate the arrangements.

Additionally, the Celebration of the Word will take place in the school hall, and parents of the respective year group are welcome to attend.

Wednesday 23 rd September 2026	Year 4 Celebration of The World - School Hall 9.00am
Monday 28 th September 2026	Year 5 Local Area Walk 1.30pm to 3.00pm
Wednesday 30 th September 2026	Year 6 Celebration of The World - School Hall 9.00am
Thursday 1 st October 2026	Flu Vaccination sessions
Wednesday 14 th October 2026	Year 1 Celebration of The World - School Hall 9.00am

Year 4 – We Need Your Help!

Thank you to all the dentists and dental nurses who kindly offered to support Year 4 with their topic on teeth. The visits are now being organised, and the Year 4 team will be in touch with further details and arrangements. We are very grateful for your support.

Term and holiday dates up to July 2027 are shown on the school website

If you have any comics and card games (e.g. UNO) that you would be happy to donate to the school, they will be gratefully received.

Bicycles and Scooters

Children are very welcome to bring bicycles and scooters to school. However, please remember that bicycles and scooters should not be ridden in the school playground at any time.

The playground can become particularly busy at the beginning and end of the school day, with lots of children and families moving around. To keep everyone safe and avoid accidents, bicycles and scooters should always be walked through the playground.

Thank you for helping us to keep our playground safe for everyone.

Safeguarding

If you need to discuss an **immediate** safeguarding concern, you can contact us through the following contact methods:

Call the school number 0208 857 5134 and ask for the Designated Safeguarding Lead (DSL)

Email: general.post@st-vincent.sch.uk F.A.O. DSL

The Designated Safeguarding Leads in school are:

Mrs Gonzalez and Mrs Hall