

PSHE

The curriculum covers the following themes across all years.

Achievement	Reception – Y6	Drugs	Y2 – Y6	Positive relationships	Y1 – Y6
Alcohol	Y3-Y6	Emotional health	Y4	Puberty	Y5
Animals including humans	Y5	Emotional needs	Y1, Y3, Y4, Y5 & Y6	Racism	Y1 – Y6
Appropriate touch	Y2-Y5	Emotions	Y5	Relationships	Reception – Y6
Arranged Marriage	Y6	Environment	Y1 – Y6	Resilience	Y1 – Y5
Aspirations	Y2, 3, Y5 & Y6	Falling out	Y6	Respect	Y1 – Y6
Assertiveness	Y1, Y3, Y4, Y5 & Y6	Family	Reception Y1, Y3 Y Y6	Responsibility	Y1 – Y6
Being Different	Y3 & Y6	Feelings	Reception – Y6	Rights	Y4 & Y5
Being yourself	Y1, Y3, Y4, Y5 & Y6	FGM	Y5 & Y6	Risk Taking	Y3 – Y6
Bereavement	Y3 & Y6	Five ways to wellbeing	Y3 - Y6	Rules & Laws	Y1 – Y6
Birth	Y5 & Y6	Forced Marriage	Y6	Safeguarding	Y1 – Y6
Body Changes	Y3 & Y4	Friendship	Reception – Y6	Safety	Y1 – Y6
Body Image	Y3, Y5 & Y6	Gender Expectations	Y4 – Y6	Saving	Y2, Y3, Y6
Body Odour	Y5	Getting Help	Y4	Science	Y2 – Y6
Body parts	Y1 - Y6	Great get together	Y1 – Y6	Secrets	Y1 – Y6
British Values	Reception – Y6	Growing & changing	Y1, Y3, Y4, Y5, Y6	Seeking Help	Y5 & Y6
Building Self Esteem	Reception – Y6	Growing up	Y2 & Y6	Sexting/Orientation	Y5 & y6
Bullying	Reception – Y6	Growth Mindset	Y1 – Y6	Sleep	Y1 & Y4
Caring	Reception – Y6	Healthy Eating	Y1, Y3, Y4	Smoking	Y3 – Y6
Change	Y2 & Y3	Healthy Lifestyles	Y1, Y3, Y4, Y5 & Y6	Social Norms	Y3 – Y6
Changing Feelings	Y4	Homophobic Bullying	Y3	Standing up for yourself	Y5
Citizenship	Y6	Hygiene	Y1, Y2, Y3, Y4	Stereotypes	Y3 & Y6
Civil Partnerships	Y6	Identity	Y4	Support networks	Y1 – Y6
Communication	Y4 & Y5	Illness	Y1, Y2, Y3	Talents	Y3, Y4, Y5
Communication Skills	Y6	Inappropriate Touch	Y5 & Y6	Teamwork	Y1 – Y6
Community	Reception – Y6	Independence	Y5 & Y6	Tolerance	Y1 – Y6
Conception	Y5	Internet Safety	Reception – Y6	Trust	Y3
Confidence	Reception – Y6	Keeping Safe	Reception – Y6	Viruses	Y2 & Y3
Conflict Resolution	Y1- Y6	Law	Y6	Additional Themes through all classes	
Consent	Y1 & Y6	Life Cycles	Y4	Religious Intolerance	Reception – Y6
Cooperation	Y1, Y2, Y3, Y5 & Y6	Loss	Reception, Y3, Y4	Charities	Reception – Y6
Dares	Y3, Y4, Y5,	Media Influence	Y3 – Y6		
Dealing with Change	Y4 & Y6	Money	Y1 – Y6		

Dealing with loss	Y1 & Y2	Negotiating	Y1, Y2, Y4		
Decision Making	Y4 – Y6	Peer Influence/Pressure	Y3 – Y6		

Reception	Y1	Y2	Y3	Y4	Y5	Y6
Health and Wellbeing > Healthy Lifestyles Lead lesson 1 with related activities and enhancements: Move your body Lead lesson 2 with related activities and enhancements: A good night's sleep Lead lesson 3 with related activities and enhancements: Scrummy snacks Lead lesson 4 with related activities and enhancements: Sleepover Lead lesson 5 with related activities and enhancements: Hold on Harold! Relationships > Feelings and Emotions Lead lesson 6 with related activities and	Health and Wellbeing > Healthy Lifestyles Eat well Our feelings Harold's wash and brush up Catch it! Bin it! Kill it! I can eat a rainbow Healthy me Super sleep Health and Wellbeing > Keeping Safe Harold loses Geoffrey Who can help? (1) Harold's school rules What could Harold do? Health and Wellbeing > Growing and Changing Harold learns to ride his bike Then and now	Health and Wellbeing > Healthy Lifestyles My day Harold's bathroom Harold's postcard - helping us to keep clean and healthy My body needs... What does my body do? Health and Wellbeing > Keeping Safe How safe would you feel? What should Harold say? Harold's picnic Health and Wellbeing > Growing and Changing You can do it! Sam moves house Haven't you grown! My body, your body	Health and Wellbeing > Healthy Lifestyles Derek cooks dinner! (healthy eating) Poorly Harold Body team work Health and Wellbeing > Keeping Safe The Risk Robot Safe or unsafe? Helping each other to stay safe Getting on with your nerves! Alcohol and cigarettes: the facts Help or harm? None of your business! Raisin challenge (1) Health and Wellbeing > Growing and Changing My special pet Top talents	Health and Wellbeing > Healthy Lifestyles Making choices (Learns to be human) SCARF Hotel Health and Wellbeing > Keeping Safe Danger, risk or hazard? Who helps us stay healthy and safe? Picture Wise Keeping ourselves safe Know the norms Medicines: check the label When feelings change Under pressure Raisin challenge (2) Health and Wellbeing > Growing and Changing An email from Harold!	Health and Wellbeing > Healthy Lifestyles Smoking: what is normal? Getting fit It all adds up! Health and Wellbeing > Keeping Safe 'Thinking' about habits Jay's dilemma Independence and responsibility Spot bullying Communication Our emotional needs Would you risk it? Being assertive Drugs: true or false Decision dilemmas Would you...? Health and Wellbeing > Growing and Changing	Health and Wellbeing > Healthy Lifestyles Five Ways to Wellbeing project I look great! We have more in common than not What is HIV? Health and Wellbeing > Keeping Safe It's a puzzle Rat Park What sort of drug is...? Think before you click! Traffic lights What's the risk? (1) Drugs: it's the law! Alcohol: what is normal? Joe's story (part 1) Joe's story (part 2) What's the risk? (2)

<p>enhancements: I'm sad sometimes</p>	<p>Inside my wonderful body! Keeping privates private Relationships > TenTen Module 2 Unit 3 Session 1: Being Safe Session 2: Good Secrets & Bad Secrets Session 3: Physical Contact Living in the Wider World > Rules, Rights and Responsibilities Why we have classroom rules Taking care of something Our special people balloons Living in the Wider World > Caring for the Environment Around and about the school Living in the Wider World > Money Harold's money How should we look after our money?</p>	<p>Relationships > TenTen Module 1 Unit 2 Session 2: Girls and Boys Module 2 Unit 3 Session 4: Harmful Substances *NEW* Session 5: Can You Help Me? (can be split into 2)First Aid Living in the Wider World > Rules, Rights and Responsibilities Our ideal classroom (1) Our ideal classroom (2) When I feel like erupting When someone is feeling left out Getting on with others Living in the Wider World > Caring for the Environment How can we look after our environment? Living in the Wider World > Money</p>	<p>I am fantastic! My changing body Relationships > TenTen Module 1 Unit 3 Session 2: What Am I Looking At? Module 2 Unit 3 Session 1: Sharing Online Living in the Wider World > Rules, Rights and Responsibilities As a rule Our friends and neighbours For or against? Thanks Recount task Super Searcher Living in the Wider World > Caring for the Environment Let's have a tidy up! My community Our helpful volunteers Harold's environment project Living in the Wider World > Money</p>	<p>Moving house My feelings are all over the place! All change! Period positive Relationships > TenTen Module 1 Unit 3 Session 1: What Am I Feeling? Session 3 (Yr4+) What is Puberty? Module 1 Unit 4 Session 1 (Yr4+): Life Cycles Session 4 (Yr4+) Changing Bodies a Module 2 Unit 3 Session 4: Drugs, Alcohol and Tobacco Living in the Wider World > Rules, Rights and Responsibilities How do we make a difference? In the news! The people we share our world with Safety in numbers</p>	<p>Different skills How are they feeling? Growing up and changing bodies Star qualities Dear Hetty Changing bodies and feelings Help! I'm a teenager - get me out of here! Relationships > TenTen Module 1 Unit 2 Session 2 : Girls' Bodies Session 3 : Boys' Bodies Module 1 Unit 3 Session 1 : Body Image Session 2 : Peculiar Feelings Session 3 : Emotional Changes Module 2 Unit 2 Session 1: Under Pressure Module 2 Unit 3 Session 1:</p>	<p>To share or not to share? Pressure online Health and Wellbeing > Growing and Changing Is this normal? Helpful or unhelpful? Managing change Boys will be boys? - challenging gender stereotypes This will be your life! Media manipulation Relationships > TenTen Session 4 : Seeing Stuff Online Module 1 Unit 4 Session 4 : Seeing Stuff Online Session 3 : Menstruation Module 2 Unit 3 Session 5: Making Good Choices *NEW*</p>
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		<p>Harold saves for something special</p> <p>Harold goes camping</p>	<p>Can Harold afford it?</p> <p>Earning money</p>	<p>That is such a stereotype!</p> <p>It's your right</p> <p>Living in the Wider World > Caring for the Environment Logo quiz</p> <p>Volunteering is cool</p> <p>My school community (1)</p> <p>Harold's Seven Rs</p> <p>Living in the Wider World > Money Harold's expenses</p> <p>Why pay taxes?</p>	<p>Sharing Isn't Always Caring</p> <p>Living in the Wider World > Rules, Rights and Responsibilities Local councils</p> <p>What's the story?</p> <p>Fact or opinion?</p> <p>The land of the Red People</p> <p>Living in the Wider World > Caring for the Environment Rights, responsibilities and duties</p> <p>My school community (2)</p> <p>Mo makes a difference</p> <p>Living in the Wider World > Money Spending wisely</p> <p>Lend us a fiver!</p>	<p>Session 6: Giving Assistance *NEW*</p> <p>Living in the Wider World > Rules, Rights and Responsibilities Captain Coram 1 - Gin Lane: children's rights in the 18th century</p> <p>Captain Coram 2 - Thomas Coram and the Foundling Hospital</p> <p>Captain Coram 3 - Funds for Foundlings: 18th century artists raise money for the 1st children's charity</p> <p>Captain Coram 4 - Hetty Feather, fictional foundling: children's rights in the 19th century</p> <p>Captain Coram 5 - Life for Foundlings in the 20th century</p> <p>Captain Coram 6 - Coram today: children's rights in the 21st century</p>
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						<p>Our recommendations</p> <p>Two sides to every story</p> <p>Fakebook friends</p> <p>Tolerance and respect for others</p> <p>Democracy in Britain 1 - Elections</p> <p>Democracy in Britain 2 - How (most) laws are made</p> <p>Living in the Wider World > Caring for the Environment</p> <p>Project Pitch (parts 1 & 2)</p> <p>Community art</p> <p>Action stations!</p> <p>Happy shoppers</p> <p>Living in the Wider World > Money</p> <p>What's it worth?</p> <p>Jobs and taxes</p>
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