

St Vincent's Catholic Primary School



Newsletter
19th March 2021

Gospel Reflection

John 12: 20-33

On this Sunday's gospel we will hear how after his triumphant ride into Jerusalem and before celebrating the Passover, Jesus spoke to his disciples about his approaching suffering and death.

Jesus was troubled because he knew that soon he would be betrayed by Judas and would suffer and die on the cross.

No one likes to suffer, and Jesus knew what lay ahead of him. He must have felt afraid, but he did not try to avoid what was to happen. Instead he turned to his father and prayed for strength and courage.

Jesus used the image of the grain of wheat to try to explain what would happen to him. Jesus wanted us to understand that like a seed his death was necessary, if new life was to be given to many. Jesus gave us his life by dying on the cross so that he could have new and everlasting life which we could share with him.

*Lord Jesus,
you willingly gave up your life
so that you could share
your everlasting life
with all of mankind.*

*Thank you for your courage
and love and for dying to save
us all.*

Amen

Let's talk about Exercise, Brain Exercise!

The brain is like a muscle that gets stronger and works better the more it is exercised. Every time you work hard, stretch yourself and learn something new, your brain forms new connections and over time you actually become smarter! Belief that you can become smarter and more talented opens the doorway to success.

Scientists have identified two opposing beliefs about intelligence and talent, beliefs that strongly impact our ability to learn; Fixed Mindset and Growth Mindset.

People who hold the **Fixed Mindset** think that "they are the way they are", intelligence cannot be changed.

People who hold the **Growth Mindset** believe that intelligence can be developed, that the brain is like a muscle that can be trained. This leads to the desire to improve.

I believe passionately in the Growth Mindset and I know that all the staff at St Vincent's follow this strong philosophy for all our pupils. It confirms the eternal truths of the classroom; turn up, work hard, study, do well; work harder, do better, believe you can improve and you probably will. By having high expectations of every student, so much can be achieved.

Parents can help their children develop a Growth Mindset by offering more encouragement than praise and focusing more on the effort than the result. By encouraging children to love learning and enjoy the process of learning, children are more likely to develop a Growth Mindset. In turn, they will more likely be resilient to taking on challenges and not to view themselves or tasks in terms of pass or fail.

Tips to Growth

- Focus on effort, struggle, persistence despite setbacks
- Choose difficult tasks
- Focus on strategies
- Reflect on different strategies, what works and what doesn't
- Focus on learning and improving
- Seek challenges
- Work hard

**IT'S NOT WHO YOU ARE THAT HOLDS YOU BACK,
IT'S WHO YOU THINK YOU ARE NOT.**

Have a lovely weekend
Mrs Gonzalez

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**Head teacher
Juliana Gonzalez**

**Chair of Governors
Christine Fisher**

**SENCo
Catherine Badawi**

School Photographs

Some children did not have their individual photographs taken last year because their classes were closed. The school photographer will return on Tuesday 30th March to take individual photographs of children in Reception and Years 2, 5 and 6 and also of sibling groups.

Support for Bromley Families

We would like to bring to your attention support available from the Bromley Housing Department to families in the borough, who have suffered financial hardship as a result of the coronavirus pandemic. If you are eligible you may be able to receive assistance to help pay household energy and water bills, other essentials like warm clothing, soap, blankets. It may not be spent on rent payments, other housing costs or managing debt or general financial hardship. The attached self-referral form will need to be completed and submitted to BCWG@bromley.gov.uk for processing. Payments will be made to successful claimants either electronically or by e-vouchers.

Easter Bonnets

Easter bonnet parades will take place on Tuesday 30th and Wednesday 31st March. Further details will follow.

Dates for your Diary

Last day of Spring Term	Wednesday 31 st March 2021
School re-opens for Summer Term	Monday 19 th April 2021
School closed for Bank Holiday	Monday 3 rd May 2021
Summer half term break	Monday 31 st May – Monday 7 th June
School re-opens	Tuesday 8 th June 2021
Last day of Summer Term	Wednesday 21 st July 2021

Stars of the Week

Reception – Toby: For working hard in all activities and giving new things a go.
Year 1 - Martin: For working very hard at activities and giving good answers.
Year 2 - Alice: For fantastic whole class reading.
Year 3 - Tom: For fantastic work in every lesson.
Year 4 - Hannah: For literacy and working hard.
Year 5 - Jimmy: For excellent effort doing his homework.
Year 6 - Sofia: For a great attitude to work and significant improvement in maths, reading and writing.